

## Miralax<sup>®</sup> Prior to Colonoscopy

Miralax<sup>®</sup> is a tasteless, powdered laxative that can be bought over the counter without a prescription. Starting 5 days before your procedure please use Miralax<sup>®</sup> daily, please mix 17gm (equivalent to 1 packet or 1 capful) into a glass of water and drink. This can be done in the morning or in the evening, whichever works best for your schedule.

